

Shasta Women's Refuge 3rd Annual Walk a Mile in Her Shoes®

The International Men's March to Stop Rape, Sexual Assault & Gender Violence.
www.walkamileinher shoes.org

April 10, 2010

Rain or Shine

1 Mile Walk Begins 10:00 AM
North End of Market Street Promenade

Registration Friday April 9th @
Need 2 Speed 3:00-7:00PM



HOW TO PARTICIPATE?

FIRST YOU WALK THE WALK

"You can't really understand another person's experience until you've walked a mile in their shoes." Walk a Mile in Her Shoes® asks men to literally walk one mile in women's high-heeled shoes.

THEN YOU TALK THE TALK

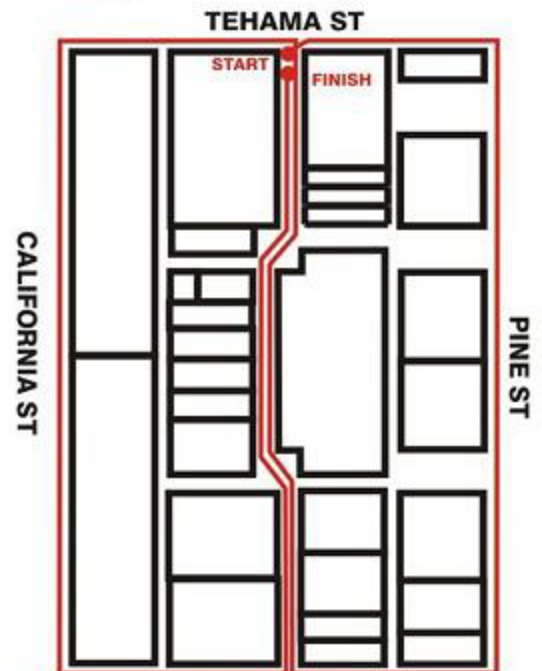
It's critical to open up communication about sexual violence. How do you get them talking now, so they can prevent it from happening? And after it's happened, how do you get them to talk about it so they can recover?

EVENT PARTICIPATION

Have your family, friends, or sponsors financially support your walk. Record your donations on the "Walker Donation Form."

Collect all donations prior to the walk and bring your "Walker Donation Form," the donations, and the waiver to registration. Walkers who raise a minimum of \$100 will receive an event T-shirt. Forms and brochures can be downloaded at www.shastawomensrefuge.org.

The Walking Route



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